



# Reconstructive Orthopaedic Center Therapy Patient Medical Questionnaire

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Social History/Education History:

Occupation: \_\_\_\_\_ Currently Employed? ( ) Yes ( ) No

Work Requirements: \_\_\_\_\_

Any work restrictions? ( ) Yes ( ) No      What are they? \_\_\_\_\_

Where you working before your injury? ( ) Yes ( ) No

What type of home do you live in?

- ( ) Single Family Home
- ( ) Apartment
- ( ) Assisted Living
- ( ) Nursing Home

Do you have any of the following in your home?

- ( ) Stairs with railings; How many stairs to enter the home? \_\_\_\_
- ( ) Stairs without railings
- ( ) Ramps
- ( ) Elevators

Do you live alone? ( ) Yes ( ) No

Are you able to drive? ( ) Yes ( ) No

Do you have a regular exercise program? ( ) Yes ( ) No

If yes, what type of program and how frequently?

\_\_\_\_\_  
\_\_\_\_\_

**The following information is necessary in order to improve the quality of service you receive during your therapy visits. Please complete all questions.**

Have you had a nurse or a therapist come to your home/place of residence to treat you for any of the following:

- a) Bathing ( ) Yes ( ) No
- b) Dressing ( ) Yes ( ) No
- c) Wound Care ( ) Yes ( ) No
- d) Exercises ( ) Yes ( ) No
- e) Anything ( ) Yes ( ) No

Is someone still coming to your house for any of the above? ( ) Yes ( ) No

If yes, then who \_\_\_\_\_?

**Please check the following medical conditions that apply.**

|                          |                     |                          |                   |                          |                       |
|--------------------------|---------------------|--------------------------|-------------------|--------------------------|-----------------------|
| <input type="checkbox"/> | Heart Disease       | <input type="checkbox"/> | Asthma            | <input type="checkbox"/> | Depression            |
| <input type="checkbox"/> | Diabetes            | <input type="checkbox"/> | Bleeding Disorder | <input type="checkbox"/> | Broken Bones          |
| <input type="checkbox"/> | Vision Problems     | <input type="checkbox"/> | Epilepsy/Seizures | <input type="checkbox"/> | Joint replacement     |
| <input type="checkbox"/> | Hearing Problems    | <input type="checkbox"/> | Hepatitis         | <input type="checkbox"/> | Upper Limb Amputation |
| <input type="checkbox"/> | High Blood Pressure | <input type="checkbox"/> | HIV/AIDS          | <input type="checkbox"/> | Overweight, Obesity   |
| <input type="checkbox"/> | Allergies           | <input type="checkbox"/> | Arthritis         | <input type="checkbox"/> | Dementia              |
| <input type="checkbox"/> | Other:              |                          |                   |                          |                       |

**Have you had any therapy prior to today for your current problem?**     Yes     No  
 If yes, then where? \_\_\_\_\_ How long? \_\_\_\_\_

Please make a check mark below next to the activities that are being affected by your current condition.

**Positions:**

- Sitting
- Working at a computer
- Standing
- Resting on stomach
- Resting on back
- Lie on right side
- Lie on left side

**Driving:**

- Open & closing car door
- Turning steering wheel
- Turning head/neck
- Shifting gears
- Pull seatbelt over to buckle
- Get in/out of car
- Turn ignition key

**Personal Hygiene:**

- Shaving
- Brush teeth
- Comb/blow dry hair
- Taking shower/bath
- Put on deodorant
- Stepping into shower/tub
- Transferring on/off toilet

**Walking:**

- Walking
- Walk up stairs
- Walk down stairs
- Walk up & down curb

**Dressing:**

- Pull shirt on/off
- Put on socks/shoes
- Fasten bra (if applicable)

**Fine Motor:**

- Writing
- Sewing
- Button shirt/pants

**Lifting:**

- Able to squat to floor
- Lift from the floor to waist
- Lift overhead
- Lift a gallon of milk/water
- Lifting/carrying children
- Lift a glass or plate

**Household Activities:**

- Sweeping
- Vacuuming
- Load/unload dishwasher
- Laundry
- Mopping
- Dusting
- Cooking

**Yard Work:**

- ( ) Mow lawn
- ( ) Gardening
- ( ) Raking
- ( ) Sweeping

**Other:**

- ( ) Turning door knobs

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**PAIN SCALE:**

We will ask you to grade your pain on a scale of 0 to 10.

We would like to inform you that we will be asking you what your pain level is prior to beginning a treatment, as well as during and following treatment.

**0 = NO PAIN / 10 = WORST PAIN IN YOUR LIFETIME** or you feel you have to go to the emergency room.

Circle where you would rank your pain right **NOW**:

0    1    2    3    4    5    6    7    8    9    10

What is the **BEST** your pain has been over the past two weeks?

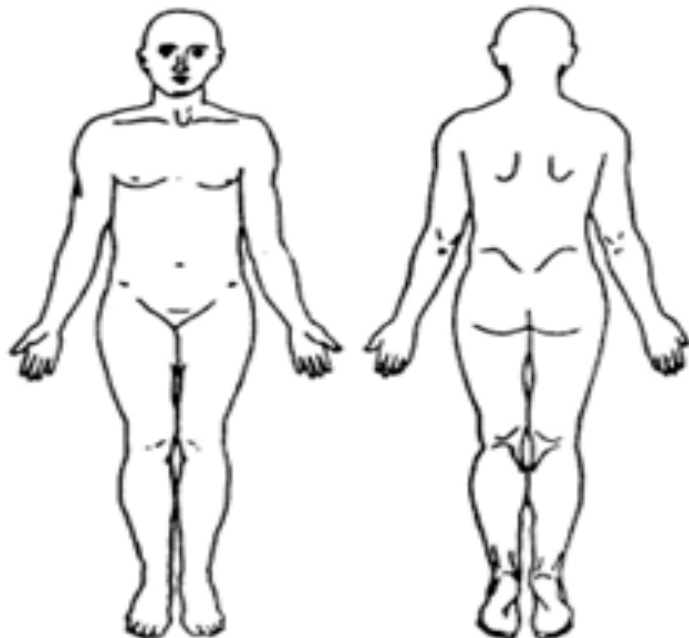
0    1    2    3    4    5    6    7    8    9    10

What is the **WORST** your pain has been over the past two weeks?

0    1    2    3    4    5    6    7    8    9    10

**Mark your symptoms on the body diagram:**

|               |            |
|---------------|------------|
| Severe Pain   | XXXXXXXX   |
| Moderate Pain | ////////// |
| Tingling      | +++++++    |
| Numbness      | OOOOOO     |
| Shooting Pain | -----      |



**How severe is your pain?**

Circle the number pain that best describes your pain where: 0 = no pain and 10 = the worst pain.

|   |   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|---|----|
| At its worst?                           | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| When lying on the involved side?        | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Reaching for something on a high shelf? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Touching the back of your neck?         | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Pushing with the involved arm?          | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

**FUNCTIONAL SCALE**

Please check the level of difficulty you have performing the following tasks?

| Difficulty level                                | No Difficulty | Mild Difficulty | Moderate Difficulty | Severe Difficulty | Unable to |
|---|---------------|-----------------|---------------------|-------------------|-----------|
| Washing your hair?                              |               |                 |                     |                   |           |
| Washing your back?                              |               |                 |                     |                   |           |
| Putting on an undershirt or jumper?             |               |                 |                     |                   |           |
| Putting on a shirt that buttons down the front? |               |                 |                     |                   |           |
| Putting on your pants?                          |               |                 |                     |                   |           |
| Placing an object on a high shelf?              |               |                 |                     |                   |           |
| Carrying a heavy object of 10 pounds?           |               |                 |                     |                   |           |
| Removing something from your back pocket?       |               |                 |                     |                   |           |

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_